



"One of the key attributes that will set us apart from others is the value of integrity. We must be a nation of honest, reliable and trustworthy people."

His Majesty's Address on the 14th RUB Convocation, 2019



དཔལ་ལྷན་འབྲུག་གཞུང་། རྒྱལ་ཁབ་ཀྱི་སྤྱི་ལཱ་སྤྲོད་སྤྲོད་ཆོག་མཁན།
Royal Government of Bhutan
ANTI-CORRUPTION COMMISSION
‘NATION’S CONSCIENCE’
“LEAD BY EXAMPLE”
“If you care, you will dare”



Foreword

Corruption remains a stubborn challenge, in Bhutan as well as globally. Prevention measures rely heavily on increasing accountability on the part of decision makers/service providers and therefore policies that favour strong enforcement and complex control systems. However, there is growing acknowledgement that social norms and values are also critical in effective prevention of corruption. This underscores the need for a whole-of-society mobilisation in which citizens not only report corruption, but also understand and uphold their own roles and duties in the fight against corruption.

In this, the youth are central to the whole-of-society culture of integrity and the education system is an important avenue to reach them. Youth are an integral element for the success of not only a change in attitude and behavior toward corruption but also in shaping the fundamental underlying values itself. The Youth Integrity Assessment (2022) revealed that young people experienced corruption and are vulnerable since they are involved in almost every aspect of society as students, customers and citizens. Therefore, the Anti-Corruption Commission (ACC) considers it vital that every effort is made to nurture a generation of upright citizens who embrace and promote a culture of integrity, transparency and accountability thus bringing positive behavioral changes in the society.

The ACC is privileged to collaborate with the Department of Education Programmes, Ministry of Education and Skills Development(MoESD), who have a tremendous role to fulfil in preparing our youth to become responsible and productive citizens. This **DAMTSI Handbook for Scouts** has been designed to complement the Scouting Program towards promoting value education and cultivating lifelong moral values among the students. Specifically, the aim is to embed the essential values of honesty, responsibility and fairness through engagement in activities in the school and beyond.

The ACC looks forward to the **Handbook** being useful and contributing to developing accountable and moral, trustworthy and successful individuals i.e. **damtsi**, in letter and spirit. After all, in the prophetic words of His Majesty The King “...one of the key attributes that will set us apart is the value of integrity. We must be a nation of honest, reliable and trustworthy people”.


(Deki Pema)

Tashi Delek!

Chairperson
Anti-Corruption Commission



དཔལ་ལྷན་འབྲུག་གཞུང་། ཤེས་རིག་དང་རིག་ཙུལ་གོང་འཕེལ་ལྷན་ཁག།
Royal Government of Bhutan
Ministry of Education and Skills Development



Foreword

Youth is the most important phase in the life of an individual. During this period, individuals begin to explore and develop their sense of self. This process of developing the skills and knowledge has a profound impact on an individual's future development. Therefore, engaging the youth in a very meaningful way is crucial for their growth and development.

The Department of Education Programmes (DEP), Ministry of Education and Skills Development (MoESD) has placed tremendous emphasis on the preparation of our young men and women with the right values and skills to promote a system of continuous and life-long learning through various modes in producing responsible citizens. Scouting is one such wholesome development program designed for children to develop appropriate knowledge, attitudes, skills and positive values to make best use of their childhood.

Furthermore, integrity is a fundamental value essential for character development and the formation of responsible citizens. For Scouts, integrity education is especially significant because it instills in them the principles of honesty, fairness, and responsibility which are central to the Scout Law and Promise. These values are at the core of the DAMTSI Handbook. This enhances the significance of educating young people about the benefits of integrity, transparency and accountability to shape their character development, and importantly living up to these values.

"The future of our nation depends on the worth, capabilities and motivation of today's youth. The future is neither unseen nor unknown. It is what we make of it. What work we do with our two hands today will shape the future of our nation. Our children's tomorrow has to be created by us today."

-His Majesty The King, Coronation Address, 2008

Drawing inspiration from His Majesty, the Department of Education Programmes (DEP), Ministry of Education and Skills Development (MoESD) is optimistic that the DAMTSI Handbook will enable our Scouts to create a generation of responsible and trustworthy citizens thereby achieving progress and prosperity.

(Tashi Namgyal)

Chief Commissioner
Bhutan Scouts Association

ACKNOWLEDGMENT

The Anti-Corruption Commission (ACC) and the Ministry of Education and Skills Development (MoESD) would like to wholeheartedly express our sincere gratitude to Adult Leaders, and in particular the following officials for their invaluable contribution in the development of DAMTSI Handbook:

1. Tenzin Phuntsho, Chief Integrity Promotion Officer, Department of Prevention and Education (DoPE), ACC;
2. Rinchen Tshering, Sr. Integrity Promotion Officer, DoPE, ACC;
3. Ngawang Gyeltshen, Offtg. Chief Program Officer, Department of Education Programmes (DEP), MoESD;
4. Kuenzang Choden, Sr. Program Officer, DEP, MoESD;
5. Tshering Zangmo, Asst. Integrity Promotion Officer, DoPE, ACC;
6. Damcho Wangmo, Integrity Promotion Officer, DoPE, ACC;
7. Dago Rinzin, Leader Trainer, Wanakha Central School, Paro Dzongkhag;
8. Jigme Tenzin, Leader Trainer, Doteng LSS, Paro Dzongkhag;
9. Dorji Gyeltshen, Leader Trainer, Jungshina Pry. School, Thimphu Thromde;
10. Gembo, Assistant Leader Trainer, Drukgyel LSS, Paro Dzongkhag;
11. Pema Lhamo, Assistant Leader Trainer, Wangsel Institute for the Deaf, Paro Dzongkhag;
12. Rinchen Dolma, Assistant Leader Trainer, Shaba Pry. School, Paro Dzongkhag;
13. Tashi Dorji, Wood Badge, Chundu Armed Forces Public School, Haa Dzongkhag;
14. Namgay Lhaden, Basic Unit Leader Trainer (BULT), Motithang HSS, Thimphu Thromde;
15. Jigme Zangmo, Basic Unit Leader Trainer (BULT), Wanakha Central School, Paro Dzongkhag; and
16. Sonam Choden, Basic Unit Leader Trainer (BULT), Tshaphel LSS, Haa Dzongkhag.



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INTRODUCTION

The experiences in preventing and combating corruption as well as the empirical studies show that the intrinsic cause of corruption is due to depletion of moral values in the society. The results from various studies manifest the larger societal trend of materialism taking precedence over values among youth, who represent the very moral fiber of our society. Towards this, the Anti-Corruption Commission (ACC) believes that the most sustainable and strongest shield against corruption is advocacy and education.

During the 112th National Day in 2019, His Majesty The King said, *"It is in our hands to build a better future for our children. One of our most important national objectives, is to empower every single child in Bhutan for success. Bhutan's future will be mirrored by the strength and capabilities of our youth. For our children to excel, they must adhere to the highest standards, and have capability, integrity, discipline, 21st century education, unity and solidarity."*

Drawing wisdom from His Majesty's Address in the pursuit of producing honest generations, the ACC has been offering a wide array of behavioral change programs targeted to youths of the country. Propitiously, with the Scouting Program becoming school-based program to promote wholesome value education among students towards producing responsible citizens, it has become imperative to nurture our youth to become strong, independent thinkers and capable of serving the country with the true sense of integrity.

The Handbook is anticipated to be integrated to the Scouting Program in complementing its core values. In due acknowledgement of the importance of the youth and the promise and potential of their role in upholding values, the impact is expected to be eventually far-reaching as they grow into responsible citizens and leaders towards realizing the national vision of the country

that adheres to the highest standards of integrity and discipline.

"Laws and rules cannot govern every aspect of a person's life. Therefore, the role of the individual is far more important in deciding whether Bhutan will be a country that embraces the values of integrity and honesty or one that accepts corruption and dishonesty."

-His Majesty The King, 2006



Figure: Scout Mandala

Objective:

- Promote a culture of integrity and moral values that influence ethical behavior and good character in Scouts;
- Reinforce and equip Scouts with moral values such as honesty and integrity and skills towards developing long-term behavioral changes (personal development) and empower them to make a positive contribution to society; and
- Create networks of knowledge sharing and learning in strengthening the values among youth.





CHEYCHEY SCOUTING

Since the foundation for moral and ethical behavior begins to form in the first five years, and early care and education impact morally throughout life, the Anti-Corruption Commission (ACC) in collaboration with the Ministry of Education and Skills Development (MoESD) developed DAMTSI Activity Book towards "*Developing Accountable and Moral, Trustworthy and Successful Individuals*" for Early Childhood Care and Development (ECCD) children. DAMTSI Activity Book consists of various activities including games, songs/rhymes, stories, arts, and outdoor activities designed to enhance and promote moral values (*Honesty, Responsibility, and Fairness*) in children.

The same set of activities can help instill the values in the young minds of CheyChey Scouts. Emphasizing on the practice and promotion of these values can help them understand and value its importance in day-to-day life from a very young age. These activities will be of great help to the ones who are deprived from attending ECCD and are introduced to primary schooling right away.

Therefore, to promote and strengthen Honesty, Responsibility and Fairness in CheyChey Scouting, DAMTSI Activity Book can be used to infuse good moral values into the young students of classes PP to III and shore up the wholesome development of the child and groom them at an early age.



NACHUNG SCOUTING

Scout Promise

The Scout Promise is a personal and social commitment that a Scout makes at the beginning of their Scouting journey. As every Scout around the world makes a similar promise, it promotes a sense of unity and marks the first step towards self-education and the discovery of the Scout Method and to produce responsible citizens to protect, strengthen and diligently serve the Tsa-Wa-Sum thereby contributing to the fulfillment of our beloved King's vision of "Gross National Happiness".

Scout Promise

*I promise to do my best
to do my duty to Kencho-Sum
to do my duty to Tsa-Wa-Sum
to do a good turn every day
and to obey the Nachung Scout Law*

Activity 1: I Promise to Do My Best

"PROMISE" must be something that a Scout must be able to keep. To **"Do My Best"** is the best that you can possibly do at the time. A Scout doesn't have to do things perfectly and doesn't have to do things better than everyone else. A Scout just has to be happy that they have done their very best honestly and fairly they could possibly do.

The Scout will promise to do their best with integrity at all times even when no one is watching. Success will only come when Scouts have put in their best effort with integrity in everything they do.

Activity 1.1: Catching the Hunter

Objective:

At the end of the session, Nachung Scouts will be able to:

- Do their best honestly and fairly; and
- Exhibit honesty and fairness daily.

Time Requirement: 60 minutes

Scout Method: Group meeting, Personal progression

Key Message:

"Doing your best is more important than being the best."

- Shannon Miller

Materials Required: Cap

Activity Procedure:

- In a group meeting, let Nachungs play "Catching the Hunter" game by providing the following instructions:

Instruction:

- Identify one Nachung as a *Hunter* and send him/her out of the room.
- Rest of the Nachungs will form a *Tree* and will stay in the circle holding hands. Identify one Nachung as a *Guard* from the tree who will catch the Hunter.

- Place a cap in the center of the circle.
- Call the Hunter into the room, and instruct the Hunter to enter through any of the gaps (i.e., under the arms of the Nachungs) but the Hunter must go out through the gap he came in.
- The Guard can touch him only when the cap is in his hand. The Guard's objective is not to give away his identity till the moment comes to pounce.
- If the Hunter escapes, he can be a Hunter again until he is caught.
- If the Hunter is caught, he/she comes back to the circle and becomes a Tree. The Guard becomes a Hunter and a new Guard is chosen by the leader. A new Guard will be chosen for each round whether the Hunter is caught or not.
- Between every entry of the Hunter, the Tree should move around, and so the position of the gaps must be altered.
- After the game, the Adult Leader shall ask the following questions:
 - a) *Why was the Hunter caught or how did the Hunter escape from the Guard?*
 - b) *What did the Hunter do to escape from the Guard? Was it the right thing to do, and why?*
 - c) *What lesson did you learn from the game?*
- The Adult Leader should ask the follow-up game questions based on the moral values of Honesty and Fairness.

Evaluation:

- How do I do my best?

(Expected response: I will do my best by being honest and fair, friendly and helpful, considerate and caring, be responsible for my words and actions, admit my mistakes, respect parents, teachers and elders, use resources wisely, etc.)

- Explain the importance of doing the best, being honest and fair, and the consequences of cheating.
- Ask the Nachungs to promise or commit themselves in doing their best honestly and fairly in whatever task they are assigned with.

Facilitator's Note:

- The Adult Leader can let the Nachung play other games like *Chasing the Rat*.

Activity 1.2: Building Tower

Objective:

At the end of the session, the Nachungs Scouts will be able to:

- Do their best honestly and fairly to achieve the best;
- Respect each other's views and admit one's mistakes; and
- Build trust with team members.

Time Requirement: 60 minutes

Scout Method: Adult support, Personal progression

Key Message:

- "Alone, we can do so little; together, we can do so much."- *Hellen Keller*+
- Collaborative effort is an ingredient to achieving a common goal.

Materials Required: Rubber band, Plastic cups.

Activity Procedure:

- The game will be played in six.
- Lay out eight cups on the floor.
- Make the rubber band tolls by tying six pieces of string to a rubber band.
- Each player should be able to hold a string and partially control the opening and closing of the rubber band.
- Let the team of six take the six strings of the rubber band tool.

- The team should try to stack the cups into a tower using only the rubber band tool.
- After the demonstration, make teams of six and distribute supplies.
- Whichever team builds a tower first wins the challenge.
- The Adult Leader will ask the following questions to the Nachungs:
 - a. *Why did the team win?*
 - b. *Did your team mates come up with a strategy? What was it?*
 - c. *What was your role? Did you listen to your team or was your voice taken into consideration by your team?*
 - d. *Did you make any mistakes? Did you own up your mistakes?*

Evaluation:

- What are the traits of a successful team?
- Explain the importance of respecting others' views and admitting one's mistakes.

Facilitator's Note:

- All the Nachungs should actively participate to build the tower.

Activity 2: To do my duty to Kencho-Sum

Duties are those tasks that you have to do, you should try to do things you know you need to do before someone else tells you to do them.

To do your duty to Kencho-Sum, you need to know and uphold the moral values of life, learn to do the right thing and avoid doing things that are wrong, treat others as you would like to be treated and be reverent, offer prayers and help others.

Activity 2.1: Visiting School Altar

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Identify their duty when they are inside the altar (place of worship); and
- Follow the rules and regulations of the school altar (place of worship).

Time Requirement: 60 minutes

Scout Method: Belonging to a den, Adult support, Personal progression

Key Message:

- Spiritual development, Self-discipline, Personal commitment

Activity Procedure:

- Take Nachungs to the school altar (place of worship).
- Let them sit in semi-circle and ask the following questions:
 - a. Do you have an altar (place of worship) at home?
 - b. Why do you visit the altar (place of worship)?
 - c. How do you feel when you are in the altar room (place of worship)?
 - d. What do you do before entering an altar room (place of worship)?
 - e. What do you do inside the altar room (place of worship)?
 - f. Do you abide by school altar (place of worship) rules and regulations?
- The Adult Leader will explain the importance of having an altar (place of worship) in the school and the activities carried out at the altar (place of worship).

- The Adult Leader can explain that while praying the Nachung has to remember our duty to Kencho-Sum, Tsa-Wa-Sum, Self, Parents/Teachers and others through Hand of Faith (as shown below):

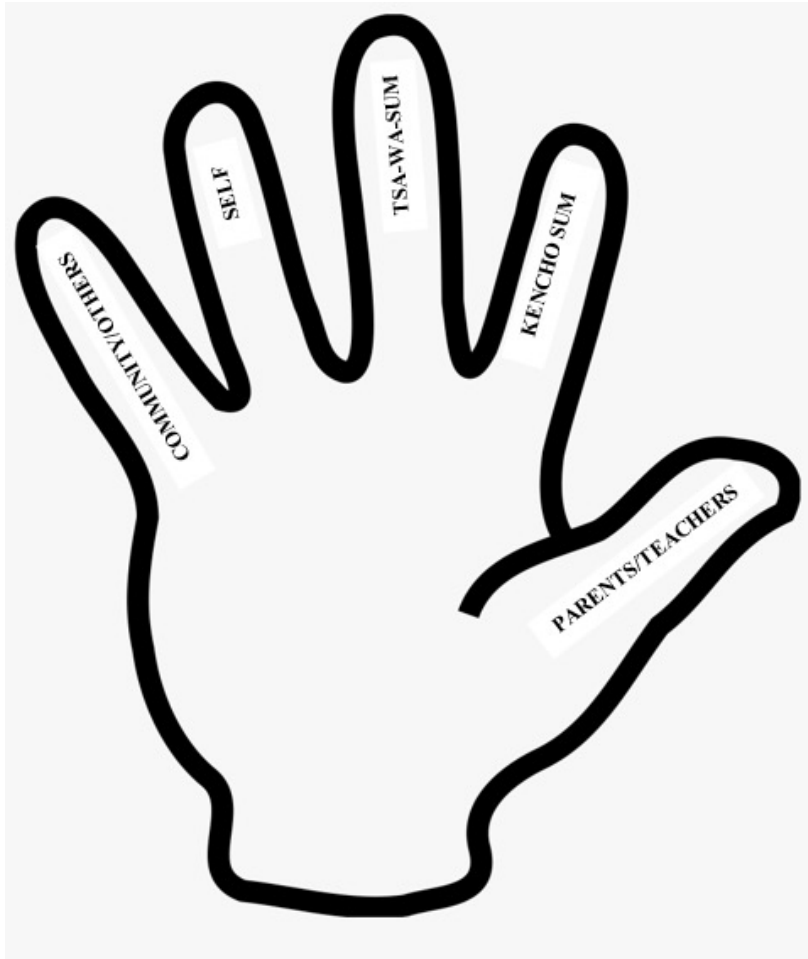


Figure 1: Hand of Faith

Evaluation:

- How can Nachung relate their duties to Kencho-Sum to the values of life such as respect, kindness, honesty, fairness, equality, etc.
- What are your duties and responsibilities when you are inside the place of worship?

Facilitator's Note:

- Adult Leaders must be prepared to explain what is the importance of having an altar in the school or home or can invite anyone who knows about it. Adult Leaders can relate to other places of worship.
- Adult Leaders can also integrate **Activity 1: DOING THE RIGHT THING** (page number 8) of the Handbook for Nachung Scout Leaders.
- Suggested activities: This activity can also be done through Flipped classroom.

Activity 2.2: Discovering Moral Values

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Identify and understand the moral values/beliefs (doing what is right); and
- Differentiate between what is doing right and what is wrong.

Time Requirement: 60 minutes

Scout Method: Teamwork, Learning by doing, Group Meeting

Key Message:

"Always do the right thing no matter what others say. It is you, not them, who have to face the consequences."

- Buddha

Activity Procedure:

Activity 1. Brainstorming

- Brainstorm the values or beliefs (individual beliefs) of the Nachungs and let them write their values or beliefs in the Scout notebook.

Activity 2. Worksheets

- The Adult Leader will explain what is doing right and what is wrong, and its benefits and consequences.
- The Adult Leader will relate doing right with the moral virtue (*Right Speech, Right Action and Right Thought*).
- Let the Nachungs identify where their beliefs/values fall in the scout book using the given worksheet: (also in *Annexure 1*).

MORAL VIRTUE

Right Speech



Right Action



Right Thought



- Discuss how their values or beliefs have impacted their friends, parents, family, society, and country. How can they do the right things to benefit others?

Evaluation:

- List the moral values of life.
- Explain the significance of upholding those moral values.
- Make the Nachungs commit to upholding those values/doing right in their daily life.

Facilitator's Note:

- Adult Leaders need to prepare on noble eightfold path.¹

Activity 2.3: Lay Judrey (Cause and Effect)

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Explain the cause and effect of one's action;
- Reflect and practise good turns daily for the benefit of self and others; and
- List the moral values that contribute someone to be happy.

Time Requirement: 60 minutes

Scout Method: Adult support, Learning by doing

Key Message:

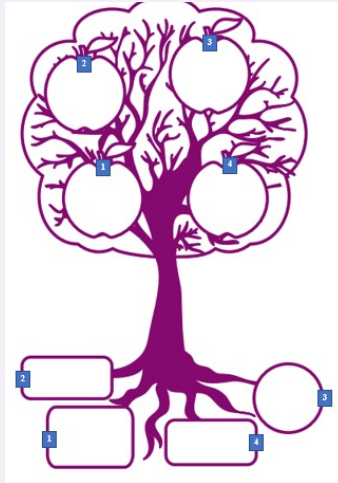
*"What you send out, comes back. What you sow, you reap.
What you give, you get. What you see in others, exists in you.
Remember life is an echo. It always gets back to you."
- Lord Buddha*

¹ <https://tricycle.org/magazine/noble-eightfold-path/>

Activity Procedure:

Activity 1

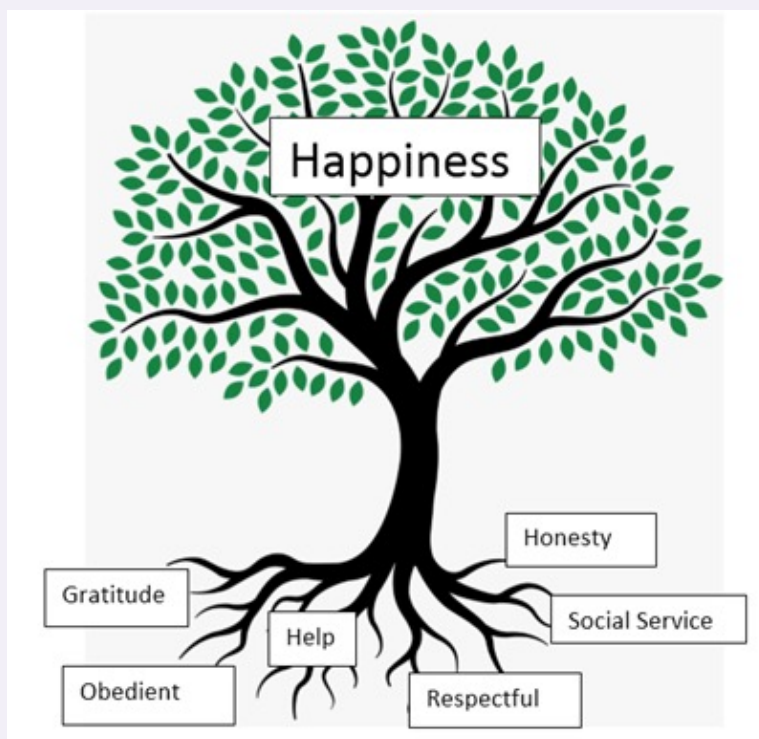
- Give each Nachung Scout a copy of the tree diagram given below: (also in *Annexure 2*)



- Read out words like happy, sad, angry, grateful, etc. pausing after each one so the Nachungs have time to write on the fruit given in the tree diagram.
- Read out the phrases given below, pausing after each one so that Nachungs have time to write the causes (why something happened?) on the roots for the words on the fruits in the tree diagram.
 - Something which makes me happy*
 - Something which makes me sad*
 - Something which makes me grateful*
 - Something which makes me angry*
- After completing the task, ask the Nachungs to reflect on all the things that make them happy and sad (effect), and their causes.
- Make Nachungs commit to doing a *Good Turn Daily*.

Activity 2

- Let Nachungs work in sixes. Let them list down what makes them happy and let them identify the moral values that lead to happiness.
- Let Nachungs share their happiness and the moral values leading to that happiness, and let them design a tree using the happiness tree sample as shown below:



Evaluation:

- Why is it important to be responsible for your words and actions?
- How should you treat another person to be happy?
- Explain cause and effect in simple terms.
- Explain the importance of doing a good turn and benefiting others.

Facilitator's Note:

- Adult Leaders need to display the happiness tree in the scout den and revisit the happiness tree to remind the Nachungs.
- Nachungs may add story in the English portfolio.

Activity 3: To do my duty to Tsa-Wa-Sum

To do your duty to Tsa-Wa-Sum, you should be a responsible citizen by being loyal to The King, respecting and obeying the country's laws, and making positive contributions to society.

Activity 3.1: Service to Tsa-Wa-Sum

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Explain the importance of serving Tsa-Wa-Sum (King, Country and the people); and
- Identify and carry out Nachung's duties to the Tsa-Wa-Sum.

Time Requirement: 60 minutes

Scout Method: Adult support

Key Message:

"No matter what task you are assigned with or whatever responsibilities that you need to shoulder, give it your best! No matter how trivial or inessential that task seems, as long as it has been assigned to you, you need to carry it out with due diligence and give it a 100%"

- His Majesty The King

Activity Procedure:

Activity 1. Talk on Tsa-Wa-Sum

- Invite a guest speaker to explain about Tsa-Wa-Sum and its importance.
- Let Nachungs take notes on Tsa-Wa-Sum and its importance to the Bhutanese.
- Have a question and answer session with the guest speaker.

Activity 2.

- The Adult Leader shall share the lyrics of "Pelden Drukgi Me-ser" and sing along with the Nachungs after explaining each stanza.

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རྒྱལ་ཁྲིམས་འབྲུག་གི་མི་སེམས་ཀྱི༽ ༡

- Ask the follow-up questions:
 - a) *Who is responsible to safeguard and protect our country?*
 - b) *How are you going to protect the country's sovereignty?*
 - c) *What are ways you can help others at the school and community?*
 - d) *Explain the importance of performing individual duties and responsibilities due diligently and sincerely.*
- Let the Nachungs write their duties or commitment to the Tsa-Wa-Sum in the following format:



- Let some volunteers read their commitments.

Evaluation:

- Why is it important to uphold one's responsibilities/duties?
- Explain the importance of serving Tsa-Wa-Sum with utmost loyalty and dedication.

Facilitator's Note:

- The guest speaker could be anyone from the school community or others who uphold moral values and are aware of one's duty to Tsa-Wa-Sum.

Activity 3.2: Service to Tsa-Wa-Sum

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Identify and carry out Nachung's duties to the Tsa-Wa-Sum.

Time Requirement: 60 minutes

Scout Methods: Youth leading, Personal progression

Key Message:

"One of the key attributes that will set us apart from others is the value of integrity. We must be a nation of honest, reliable and trustworthy people."

- His Majesty The King

Activity Procedure:

Activity 1.

- The Adult Leader will share quotes and let the Nachung discuss in Sixer on the duty to Tsa-Wa-Sum as a Nachung Scout, and as a Bhutanese.

“

One of the key attributes that will set us apart from others is the value of integrity. We must be a nation of honest, reliable and trustworthy people.

- His Majesty The King

”

- Let the Nachungs share and discuss on the following questions:
 - a) *What do you understand from the given quote?*
 - b) *What are the key attributes of Bhutanese that will set us apart from others? And why?*
 - c) *How will honest, reliable and trustworthy people benefit the nation?*
 - d) *What effort are you making in order to be honest, reliable and trustworthy Bhutanese and a Nachung?*
- Let the Nachung commit to serve Tsa-Wa-Sum by being honest, reliable and trustworthy.

Activity 2.

- The Adult Leader will share quotes and let the Nachungs discuss in sixer on the duty to Tsa-Wa-Sum as a Nachung Scout, and as a Bhutanese.

“

We must always stand united in spirit and purpose; we must be one Nation with one common goal.

- His Majesty The King

”

Evaluation:

- Explain the identity and traits of good Bhutanese citizens by relating them with the values such as integrity, accountability, fairness, etc.

Facilitator's Note:

- The Adult Leaders can also use different quotations or aspirations of Tsa-Wa-Sum.

Activity 4: To Do a Good Turn Everyday

A Good Turn means being thoughtful and generous to others and always being ready to help others. A good turn does not really count if you are more concerned about what you will get out of it.

When Nachung's desire to serve others become an automatic response to a situation, Nachung will experience a reality that comes from freely giving help.

Activity 4.1: A Glass of Milk

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Explain and identify *Good Turns* in daily life;
- Do good to others as they wish others to do to them; and
- Practise good turns daily and appreciate the good acts of their fellow Nachungs.

Time Requirement: 60 minutes

Scout Method: Promise and law, Personal progression, and Community

Key Message:

"No good deeds go unrewarded", Character building, Being kind and helpful.

It is never wrong to do the right things.

Activity Procedure:

Activity 1.

- The Adult Leader will share the story:

A GLASS OF MILK

There once was a poor boy who spent his days going door-to-door selling newspapers to pay for school. One day, as he was walking his route, he started feeling low and weak. The poor boy was starving, so he decided to ask for food when he came next door.

The poor boy asked for food but was denied every time until he reached the door for a girl. He asked for a glass of water, but seeing his poor state, the girl came with a glass of milk. The boy asked how much he owed her for the milk, but she refused the payment.

Years later, the girl, who was now a grownup woman, fell sick. She went from doctor to doctor, but no one was able to cure her. Finally, she went to the best doctor in town.

The doctor spent months treating her until she was finally cured. Despite her happiness, she was afraid she couldn't afford to pay the bill. But, when the hospital handed her the bill, it read, "Paid in full, with a glass of milk."

- The Adult Leader will ask the following questions:
 - a) *What is the moral of the story?*
 - b) *Define good turn in your own words.*
 - c) *What good turn did the boy do?*
 - d) *How was the boy rewarded for his good turn?*
 - e) *Discuss and explain the importance of doing Good Turn and let the Nachungs share their experiences.*

Activity 2.

- In a six, let the Nachungs take turns to go through the template (also in Annexure 3) and write one name (others than theirs) against the activity honestly.



- After Nachungs have taken their turns, the Adult Leader will read aloud the names written against each activity.
- Appreciate the Nachungs for their character, and make the Nachung commit to uphold those values at all times.

Evaluation:

- Let the Nachungs commit to doing their best in doing a Good Turn Daily and write in an empty *Good Turn Month Calendar* (as given below) and reflect on how they felt after doing a good turn.

"GOOD TURN" Month Calendar						
Sun	Mon	Tue	Wed	Thu	Fri	Sat

Facilitator's Note:

- The Nachungs can maintain a *Good Turn DIARY* (as given below) noting activities which has made a great impact on others. The *Good Turn DIARY* can be used for the assessment of the Nachungs for the Integrity Badge.

GOOD TURN DIARY

SL. NO.	DATE	GOOD TURN DONE	TO WHOM	SIGNATURE OF THE BENEFICIARY

Name and Signature of the Adult Leader

Activity 4.2: The Ant and The Dove

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Do good to others without expecting any returns; and
- Create a peaceful community by helping others.

Time Requirement: 60 Minutes

Scout Method: Law and promise

Key Message:

"Peace needs to be started within ourselves and then it can move forward to others."

Activity Procedure:

- The Adult Leader can show the video clip of "The Ant and The Dove"² or narrate the story to the Nachungs:

The Ant and The Dove

On a hot day of summer, an ant was searching for some water. After walking around for some time, she came near the river. To drink the water, she climbed up on a small rock. While trying to drink water, she slipped and fell into the river.

There was a dove sitting on a branch of a tree who saw the ant falling into the river.

The dove quickly plucked a leaf and dropped it into the river near the struggling ant. The ant moved towards the leaf and climbed up onto it. Soon, the leaf drifted to dry ground, and the ant jumped out. She looked up to the tree and thanked the dove.



² <https://youtu.be/Wp5QtAgsjuY>

Later, the same day, a bird catcher nearby was about to throw his net over the dove to trap it. The ant saw him and guessed what he was about to do. The dove was resting and he had no idea about the bird catcher. The ant quickly bit him on the foot. Feeling the pain, the bird catcher dropped his net and screamed. The dove noticed it and quickly flew away.

Moral: Do good to others as you wish them to do to you.

- Discuss the following questions with the Nachungs:
 - a) *How did you feel when the dove helped the ant by dropping a leaf?*
 - b) *How can you relate the story with values you have learned? Tell about the value.*

Evaluation:

- What are the qualities (moral values) of a person to make a society happy and peaceful?
- How can you as a Nachung contribute in making a happy and peaceful society?

Facilitator's Note:

- The Adult Leader should keep the story piece ready for Nachung or arrange a hall for Nachung to screen the video clip if internet connectivity is available.

Activity 4.3: Do Good, Be Happy

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Report their daily good deeds honestly; and
- Uphold their moral values and believe in happiness as a result of doing good.

Time Requirement: 60 minutes

Scout Method: Belonging to den, Team system, Personal progression

Key Message:

Happiness should come from within by being good.

Activity Procedure:

- Let Nachungs watch and listen to the music video "Samphel Nga"³
- Discuss "Be Good and Be Happy".

Facilitator's Note:

- Adult Leaders should supplement by stressing on the importance of doing good to others (such as giving equal opportunity to everyone, being fair).

Follow-up Activity: Happiness Tree

- Let Nachungs paste a leaf on the Happiness Tree with their name on it every time they do a good thing.
- Adult Leaders will reward the Nachung with the highest number of leaves on the tree at the end of the year.

Sample (Happiness tree):

Beginning of year



End of the year



³ <https://www.youtube.com/watch?v=CRuNzhn4uW8>

Evaluation:

- How did you feel when the tree was covered with good deeds? (after upholding values such as integrity, honesty, equality, fairness, etc. relating it with source of happiness).
- How would your life be if you are not content with what you have?
- What would you do in order to be happy?

Facilitator's Note:

- Adult Leaders should follow up on the Happiness Tree. Adult Leaders need to verify their good deeds and provide necessary feedback.
- Adult Leaders can also show a video clip on Secret of Happiness⁴ and discuss with the Nachungs as a variation activity.

Activity 5: To obey the Nachung Scout Law

The Scout Law is a personal code of living to guide the way each Scout lives his or her life. It states what good form is and what is expected of a Scout. The Scout Law is at the heart of the Scout method.

The Scout Law describes the values that every Scout should try to live up to in order to become an upstanding member of the Movement and their community. The Scout Law clearly sets down the code of conduct that forms the basis of good citizenship. It captures the virtue and duties expected of each member in positive terms.

With the Scout promise, a Scout is engaged to do his best to obey the Scout law.

⁴ <https://www.youtube.com/watch?v=FD6ocplmxIE>

Nachung Scout Law:

The Nachung Scout is loyal and obedient
The Nachung Scout is cheerful and loves nature

Activity 5.1: The Blind Snake

Objective:

At the end of the session, the Nachung Scout will be able to:

- Build trust within the team by respecting and following the instructions of the team leader;
- Work together in a team to achieve the common goal of the team; and
- Be loyal, obedient, and dutiful to the team leader and cheerfully admit one's mistakes.

Time Requirement: 60 minutes

Scout Method: Teamwork

Key Message:

"We are not a team because we work together. We are a team because we respect, trust and care for each other."

- Vala Afshar

Activity Procedure:

- The Adult Leader will give the instructions for playing the *Blind Snake Game* as follows:
 - a) Let the Sixes discuss and identify a team leader.
 - b) All the members have to be blindfolded, except for the team leader, who will stay at the end of the line and let them make a straight line.
 - c) Once all the team members are blindfolded, the Adult Leader shall randomly scatter the ball in the room/ground and start the game.
 - d) The team leader will navigate the team to collect the ball and drop off a ball in the basket using a certain strategy to navigate the team to move and collect the ball.

e) The team with the most balls collected within a given time wins.

f) Teams will appreciate the winner with yells.

Evaluation:

- How and why did the winning team win the game?
- Discuss the importance of teamwork and obeying the instructions of the leaders.

Facilitator's Note:

- The Adult leader should keep the materials ready.
- The Adult Leaders will guide and monitor the game.

Activity 5.2: Managing Waste

Objective:

At the end of the session, the Nachung Scouts will be able to:

- Identify their roles and responsibilities in managing waste; and
- State the importance of taking responsibility and ownership.

Time Requirement: 60 minutes

Scout Method: Group Meeting, Youth leading, Adult support

Key Message:

"Refuse what you do not need; reduce what you do need; reuse what you consume; recycle what you cannot refuse, reduce, or reuse; and rot (compost) the rest."

- Bea Johnson

Activity Procedure:

- Brief the Nachungs on the impacts of waste on the earth, and discuss how we can help the environment.
- Provide the Sixes with the following stanza on 4Rs (Reduce, Reuse, Recycle and Refuse) and let the Sixes come up with a tune:

*Humans have impact on the nature
But we can do our best
When we reduce, reuse, recycle and refuse.
Reduce means we use a little less
Reuse means we use more than once
Recycle means we use old items to make new ones
And Refuse means to say NO.
When we reduce, reuse, recycle and refuse
It helps to keep our school clean.
Together we can do our best!*

- The Nachungs will discuss within themselves in Sixes and vote for the best tune.
- The rhyme or tune with the highest vote will be chosen as the winner.
- Other Sixes appreciate the winner with yells cheerfully.

Evaluation:

- What kind of waste bothers you the most? Why?
- How can you contribute to reducing waste?
- What are your roles to keep your school or the community clean?

Facilitator's Note:

- The rhyme can be used during relevant occasions by the Nachungs (Ex. during cleaning time, SUPW, campaigns, etc.)
- Adult Leaders can also integrate **Project 1: Rs (Recycle, Reuse and Reduce)** (page number 12) of the Handbook for Nachung Scout Leaders.



NAZHOEN SCOUTING

Scout Promise

Scout Promise

"On my Honour, I promise that I will do my best,
To do my duty to Kencho -Sum
To do my duty Tsa-Wa-Sum (King, Country and People)
Duty to Self, Parents, Others and
To obey the Scout Law"

Activity 1: I Promise that I will do my best

Activity 1.1: The Empty Pot

Objective:

At the end of the session, the Nazhoen Scouts will be able to:

- Explain the importance of upholding integrity;
- Do their best with highest standard of integrity; and
- Identify the traits of integrity.

Time Requirement: 90 minutes

Scout Methods: Adult support

Key Message:

"Integrity is doing the right thing, even when no one is watching."

- C.S. Lewis

Activity Procedure:

- The Adult Leader will narrate *The Empty Pot* story⁵ or
- Let Nazhoens watch the story *The Empty Pot*⁶

THE EMPTY POT

A long time ago in China, there was a boy named Ping who loved flowers. Anything he planted burst into bloom. Up came flowers, and even big fruit trees, as if by magic!

Everyone in the kingdom loved flowers too. They planted them everywhere, and the air smelled like perfume.

The Emperor loved birds and animals but flowers most of all, and he tended his own garden every day. But the emperor was very old. He needed to choose a successor to the throne. Who would his successor be? And how would the Emperor choose? Because the Emperor loved flowers so much, he decided to let the flowers choose.

The next day a proclamation was issued: All the children in the land were to come to the palace. There they would be given very special flower seeds by the Emperor. "Whoever can show me their best in a year's time," he said, "will succeed me to the throne."

This news created great excitement throughout the land. Children from all over the country swarmed to the palace to get their flower seeds. All parents wanted their children to be chosen Emperor, and all the children hoped they would be chosen too!

When Ping received his seed from the Emperor, he was the happiest child of all. He was sure he could grow the most

⁵ <https://www.yourcharlotteschools.net/site/handlers/filedownload.ashx?moduleinstanceid=18812&dataid=44821&FileName=The%20Empty%20Pot%20book.pdf>

⁶ https://www.youtube.com/watch?v=_g7pH9eZLPc

beautiful flower. Ping filled a flowerpot with rich soil. He planted the seed in it very carefully. He watered it every day. He couldn't wait to see it sprout, grow, and blossom into a beautiful flower!

Day after day passed, but nothing grew in his pot. Ping was very worried. He put new soil into a bigger pot. Then he transferred the seed into the rich black soil. For another two months, he waited. Still, nothing happened. By and by the whole year passed.

Spring came, and all the children put on their best clothes to greet the Emperor. They rushed to the palace with their beautiful flowers, eagerly hoping to be chosen. Ping was ashamed of his empty pot. He thought the other children would laugh at him because for once he couldn't get a flower to grow.

His clever friend ran by, holding a great big plant. "Ping!" he said "You are not going to the Emperor with an empty pot, are you? Couldn't you grow a great big flower like mine?" Ping's father overheard this and said, "You did your best, and your best is good enough to present to the Emperor." Holding the empty pot in his hands, Ping went straight away to the palace.

The Emperor was looking at the flowers slowly, one by one. How beautiful all the flowers were! But the Emperor was frowning and did not say a word. Finally, he came to Ping, Ping hung his head in shame, expressing to be punished.

The Emperor asked him, "Why did you bring an empty pot?". Ping started to cry and replied, "I planted the seed you gave me and I watered it every day, but it didn't sprout. I put it in a better pot with better soil, but still, it didn't sprout. I tended it all year long, but nothing grew. So today I had to bring an empty pot without a flower. It was the best I could do."

When the Emperor heard these words, a smile slowly spread over his face, and he put his arm around Ping. Then he exclaimed to one and all, "I have found him! I have found the one person worthy of being Emperor!"

"Where you got your seeds from, I do not know. For the seeds I gave you had all been cooked. So, it is impossible for any of them to grow."

"I admire Ping's great courage to appear before me with the empty truth, and now I reward him with my entire kingdom and make him the Emperor of all the land!"

- Ask the following questions:
 - a) *Identify the problem in the story and how was it solved.*
 - b) *Why did Ping choose to bring the empty pot?*
 - c) *What is the moral of the story?*
 - d) *Identity your values. (Example: Are you honest, fair, responsible, trustworthy, self-discipline, respectful, conscientious, reliable, etc.)*
- The Adult Leader will explain the importance of being honest, responsible, integrity, fairness, and doing our best.

Evaluation:

- Explain the importance of doing their best with integrity.
- Discuss on the given aspiration of His Majesty The King:

"One of the key attributes that will set us apart from others is the value of integrity. We must be a nation of honest, reliable and trustworthy people."

Facilitator's Note:

- Adult Leader to supplement and give necessary input.

Activity 1.2: Doing Your Best with Integrity

Objectives: At the end of the session, the Nazhoen Scout will be able to:

- Make the right decisions by upholding the highest standard of integrity benefiting others and the community.

Time Requirement: 90 minutes

Scout Methods: Adult support

Key Message:

"Integrity is to act according to what's right and wrong regardless of who knows."

"Integrity is not something that you show to others. It is how you behave behind their back."

Activity Procedure:

- Adult Leader will share the following case scenarios with the Patrols and let them discuss what they will do and why:

Case Scenario 1

What if there is no teacher during the study hours?

Case Scenario 2

What if you found money?

Case Scenario 3

What if your teacher left the answers of your math test on her desk where you could see them?

Case Scenario 4

What if you broke something?

Case Scenario 5

What if a friend offered to do your homework for you?

Case Scenario 6

What if you reached school and realized you had forgotten to have your mother sign your test paper?

Case Scenario 7

What if you lost something
your friend had let you
borrow?

Case Scenario 8

What if you are playing and
you notice that someone has
left chocolate wrappers after
eating their lunch there?

Case Scenario 9

What if you saw a friend
stealing something?

Case Scenario 10

What if there is no teacher
during SUPW?

Case Scenario 11

What if you knew your sister
was lying to your parents
about something that
happened at school?

Case Scenario 12

What if you saw a friend cheat
on a test?

- Let Nazhoens share their answers and discuss with fellow Nazhoens.
- Let Nazhoens work on a project on designing a solution/strategy which will promote integrity and benefit others.

Example:

- a) Create an "Integrity Board" for displaying lost-and-found items, roles and responsibilities of the Scouts, and bills for transparency.
- b) Encourage reporting one's mistakes and others' wrongdoings honestly.
- c) Taking care of one's waste and keeping the community clean.
- d) Taking care of school property.
- e) Behaving well in absence of teachers and adults.
- f) Always speaking the truth.
- g) Scouts as an "Integrity Champion and a Role Model" to others.

Evaluation:

- Importance of being a good Nazhoen by maintaining the highest standard of integrity and other values.
- How can a Nazhoen Scout with integrity benefit others?

Facilitator's Note:

- Adult Leaders can help the Nazhoens design better strategies that will benefit the students, school, and the community.

Activity 1.3: The Man and The Snake

Objectives: At the end of the session, the Nazhoen Scouts will be able to:

- Respect and treat everyone equally under all circumstances; and
- Do their best under all situations by consistently exhibiting moral values.

Time Requirement: 60 Minutes

Scout Method: Law and promise

Key Message:

"You must be the change you want to see in the world".

-Mahatma Gandhi

"If they respect you, respect them. If they disrespect you, still respect them. Do not allow the actions of others to decrease your good manners, because you represent yourself, not others."

- Buddha

Activity Procedure:

- Adult Leader will narrate the story to the Nazhoens:

The Man and The Snake

A man saw a snake being burned to death and decided to take it out of the fire. When he did, the snake bit him, causing excruciating pain. The man dropped the snake, and the reptile fell right back into the fire.

So, the man grabbed a metal pole, took the snake out of the fire and saved its life.

Someone who was watching approached the man and said, "That snake bit you. Why are you still trying to save it?" The man replied, "The nature of the snake is to bite, but that's not going to change my nature, which is to help."

- Discuss the following questions with the Nazhoens:
 - a) *What would you do if the snake bites you?*
 - b) *Are you the same person when you are happy, angry, or sad?*
 - c) *Why did the man help the snake even if he was bitten by the snake?*
 - d) *What is the moral of the story? (Moral: Do not change your nature simply because someone hurts or harms you, or you perceive that they hurt you. Do not lose your good heart!)*

Evaluation:

- Why is it important to make decisions calmly in various situations?
- Is it right to hurt others back because they hurt you?
- Importance of being helpful, considerate and respectful to others.

Facilitator's Note:

- The Adult Leader can use different stories to convey the message.

Activity 2: To do my duty to Kencho-Sum

ACTIVITY 2.1: Understanding Five Moral Precepts

Objective:

At the end of the session, the Nazhoen Scout will be able to:

- Identify and explain the consequences of not abiding to five moral precepts; and
- Commit to uphold and practice five moral precepts in their daily life.

Time Requirement: 90 minutes.

Scout Method: Spiritual development, Adult support, Community support, Personal progression.

Key Message: A heart of love reduces suffering and creates a happy life.

Activity Procedure:

- The Adult Leader will show the Five Moral Precepts videoclip⁷.
- Lead the discussion by asking the following questions:
 - a) *What are the Five Moral Precepts?*
 - b) *What did you learn from the video clip?*
 - c) *What are the importance and consequences of the Five Moral Precepts?*
 - d) *How will you use the Five Moral Precepts in your life?*

Evaluation:

- At the end of the session, ask the Nazhoens to make the following commitments:
 - a) I will refrain from killing or harming any living being. I will act for the welfare and happiness of all beings.
 - b) I will refrain from stealing or cheating. I will be honest, generous, kind and take delight in giving and sharing.

⁷ <https://www.youtube.com/watch?v=j1A2D1X4EaU>

- c) I will refrain from sexual misconduct. I will be honest and sincere in my relationship with others, nurturing true love and compassion.
- d) I will refrain from lying, slandering, and speaking maliciously, harshly and frivolously. I will speak the truth, promote harmony and friendship, speak kindly, gently and beneficially.
- e) I will refrain from taking alcohol and drugs which are harmful to the mind and body. I will strive to keep my mind pure, clear and alert, mindful, unconfused as much of the time as possible.

Facilitator's Note:

- Adult Leader will download the video on five moral precepts using the given link before the troop meeting to let Nazhoens watch during the troop meeting.

Activity 2.2: Noble Eightfold Paths

Objectives: At the end of the session, the Nazheon Scouts will be able to;

- Identify and practise the principles of the Eightfold Path to their own lives; and
- Do their best with integrity and in line with the Eightfold Path.

Time Requirement: 90 minutes

Scout Method: Adult support

Key Message:

Wisdom is knowing the right path to take, and doing our best with integrity.

Activity Procedure:

- The Adult Leader will show the video clip on the Noble Eightfold Path⁸ to the Nazhoens.
- After watching the video clip, the Adult Leader will discuss the following questions with the Nazhoens:

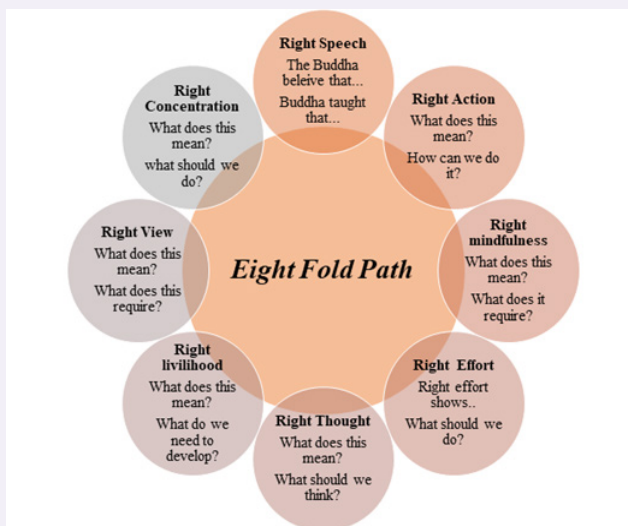
⁸ <https://youtu.be/k395w2zjfxw>

- a) *Why is Tim suffering and having more problems than Ben?*
 - b) *What is the benefit of the Right View?*
 - c) *How will you utilize the Noble Eightfold Path to be a person of integrity and trustworthiness?*
- The Adult Leader will explain the basis of the Noble Eightfold Path;

i. Right View/Understanding	v. Right Livelihood
ii. Right Speech	vi. Right Effort
iii. Right Thought	vii. Right Mindfulness
iv. Right Action	viii. Right Concentration.

- After the explanation by Adult Leader, Nazhoens will take up the following activity where they have to write their own understanding on an eightfold path (also in Annexure 4):

MY EIGHTFOLD PATH



Evaluation:

- How can the Noble Eightfold Path help you in your life?
- Based on the Noble Eightfold Path, which is the most important for you to cultivate in your life?
- Apply the principle of the Noble Eightfold Path in your life for the benefit of all.

Facilitator's Note:

- Arrange an ICT room to show the video clip on the Noble Eightfold Path.
- Prepare a worksheet to do the aforementioned activity.

Activity 3: To do my duty to Tsa-Wa-Sum (King, Country and People)

Activity 3.1: What can I do for my country?

Objective:

At the end of the session, the Nazhoen Scouts will be able to:

- Share his/her role in building a stronger, harmonious and value-laden society; and
- Identify the collective responsibilities of the Nazhoen in safeguarding our country.

Time Requirement: 90 minutes

Key Message:



...I ask that you always remember that you are the guardians of our peace and stability. It is your duty to ensure that we set aside differences and live as members of a single family. Our greatest strength comes from unity.

-His Majesty's Address at the 11th RUB Convocation, 2016



Scout Method: Youth leading, Adult support

Activity Procedure:

- The Adult Leader will share the poem "MY BROTHER MY HERO" to the Nazhoens:

MY BROTHER MY HERO

He was fourteen years old when he decided to join the army. Leaving behind his family, home, and relatives, in order to defend and safeguard our country "Bhutan".

My mother cried for her youngest son, as he was going to battle,
She couldn't bear the pain as he was going for war at so young age,
As in war; Life is fitty and death is fifty.

What I heard from my brother was, "I am going to protect and guard you all, please mommy don't cry, I assure to protect you all."

You are too young to go for war, I assure and guarantee you can join,
when you are adult enough, listen to what I said.

He ignores his mother's words, there is no taxi fare in his pocket,
Still, he asks from his neighborhood, in addition, he went to register himself as a Volunteer in the "2003 War".

Without any fear, he registers himself as a Volunteer, When the clutch of the army Vehicle traveled to Phuentsholing, I was wondering why my mommy was crying, Not knowing what will happen in the war.

When he reached Dewathang, Our Majesty perceived him as the youngest and smallest. "Are you profitable to be cow herder or ready for war", said by our Great Fourth, He replied, "I am willing to do whatever your Majesty orders."

Without fear, he decided to join the army, without any doubt, my brother is my hero, I am so respectful of him, for his patriotic notion towards our Country, For sacrificing his childhood to safeguard our nation,

To serve King, Country, and People with the courageous notion,
We salute all the armed forces and our Majesty,
And for the flourishing Bhutanese flag in the sky.

Evaluation:

- What is your duty to make Bhutan a better country?

Facilitator's Note:

- Adult Leader can also share other patriotic stories or video clips.

Activity 3.2: Gratitude Message

Objective:

At the end of the session, the Nazhoen Scouts will be able to:

- Cultivate the own sense of gratitude for The King, Country and People; and
- Conduct themselves with commitment, loyalty, dedication and sincerity to the service to Tsa-Wa-Sum.

Time Requirement: 90 minutes

Key Message: Gratitude opens the door to more relationships.

Scout Method: Personal progression

Activity Procedure:

Activity 1.

- Show the video clip⁹
- Let the Nazhoen Scouts reflect by asking the following questions:
 - a) *How can you as a youth contribute to overcoming the challenges of your community/country?*

⁹ <https://youtu.be/mO6IF6DjiCI>

b) *The Adult Leader can use a padlet*¹⁰.

Activity 2

- Provide a paper each to Nazhoens.
- Brainstorm whom they are grateful to.
- Give suggestions (topics) to begin their message:
 - a) Thank you for...
 - b) I love my country because...
 - c) I can contribute to my people by ...
- Give some minutes to write down their heartfelt messages of gratitude (to King, Country, and People)
- Let few Nazhoens share their messages with the whole troop or the Nazhoens can share their stories/messages on the Integrity Board/Scout Board.

Evaluation:

- How did you feel while writing the gratitude messages?
- Suggest some innovative ways to contribute in developing our country.

Facilitator's Note:

- Give them the liberty to choose the medium of their expression to share their messages.

¹⁰ <https://padlet.com/csonam145/937g3ldly7av1m86>

Activity 4: Duty to Self, Parents and Others

Activity 4.1: Know Yourself

Objective:

At the end of the session, the Nazhoen Scouts will be able to:

- Become a trustworthy Nazhoen Scout and exhibit traits of trustworthiness at all times; and
- Identify the traits of a trustworthy person.

Time Requirement: 90 minutes

Scout Method: Scout promise

Key Message: Self-discipline, Personal commitment, Personal development

Activity Procedure:

- Let Nazhoen Scouts fill up the self-assessment form as given below:

	Always	Sometimes	Never
I admit my mistakes			
I can be trusted			
I refrain from cheating			
I speak truth			
My friend can depend on me			
I am honest			
I do the right thing even in the absence of a teacher			

- Let Nazhoens reflect on themselves and ask them what kind of person they aspire to become. Let few Nazhoens share.
- Highlight on the character traits and share what kind of person he/she is and what he/she does to improve self-development.

- Let Nazhoens share their views. (For example: honesty, punctuality, responsible, trustworthy, completing work on time, etc.)
- The Adult Leader will explain the self-development strategies with an example as given below:

SELF-DEVELOPMENT STRATEGIES

What type of person do you want to become?

(e.g., I want to be a trustworthy Nazhoen Scout)

REFLECT

List down their current character traits by asking questions to themselves.

(Example: Do my parents, teachers, and friends trust me?)

Why does the teacher trust good students?

Do I have what it takes to be a trustworthy person?

What are my current habits?

Have I ever lied to my teachers, parents, friends, or others?

Have I ever helped my teachers, parents, or friends?

Did I ever break my promises/commitments?)

SELF-EVALUATION

List down the traits of a trustworthy person

(Example: To be a trustworthy person, I need to:

1. Speak the truth/avoid lying
2. Keep my promises
3. Help others
4. Do my work on time)

PREPARE	<p>List down the activities (Value Bucket List) you want to carry out to become a trustworthy person:</p> <p>(Example: My Trustworthy Bucket List</p> <ol style="list-style-type: none"> 1. Always speak the truth and apologize to those I have lied before 2. Help my friend in need 3. Help my parents in cleaning the house 4. Do my homework right after reaching home 5. Keep my promises)
PRACTICE	<p>Always remember your goal of becoming a trustworthy person. Carry out the activities you have listed down.</p>

- Let Nazhoens develop a self-development strategy.
- Let a few volunteers share their strategy.

Evaluation:

- Discuss the importance of being a Nazhoen who upholds values.
- Make the Nazhoens commit to following their strategy.
- In the next Group Meeting, let the Nazhoens share how it made a difference in their life.

Facilitator's Note:

- Leaders can design self-assessment forms.
- The Adult Leader can also make the Nazhoen plan "*self-development strategies*" for other values such as integrity, accountability, fairness, transparency, etc.

Activity 4.2: My Parents, My God

Objective:

At the end of the session, the Nazhoen Scouts will be able to:

- Respect and take care of their parents; and
- Explain ways to serve parents with dignity and respect.

Time Requirement: 90 minutes

Scout Method: Youth leading, Law and promise

Key Message:

"Nobody on earth can ever love you more than your parents."

Love your parents and treat them with respect and care.

Activity Procedure:

- Show a video on Love and Respect your Parents¹¹.
- Let few Nazhoens share their understanding of the video.
- Adult Leaders supplement the importance of respecting parents.

Evaluation:

- Share how they felt while spending time and helping their parents.
- What more would you like to do other than what you have done?

Facilitator's Note:

- Adult Leader will encourage the Nazhoens to help their parents and obey them.

¹¹ <https://www.youtube.com/watch?v=xyoyzmEU7CY>

Activity 5: To obey the Scout Law

Scout Law

- A Scout is trustworthy
- A Scout is loyal to Tsa-Wa-Sum
- A Scout is a friend to all and a brother/sister to every other Scout
- A Scout is polite and considerate
- A Scout is kind to animals and loves nature
- A Scout is self-disciplined
- A Scout is cheerful under all difficulties
- A Scout is thrifty
- A Scout is pure in thought, word and deed

Activity 5.1: Understanding Scouts Law

Objectives: At the end of the session, the Nazhoen Scouts will be able to:

- Explain Scout Laws in their own words.

Time Requirement: 90 minutes

Scout Methods: Adult support, Scout promise

Key Message: Self-discipline, Personal commitment

Activity Procedure:

Activity 1.

- Let the Nazhoens assess themselves using the self-assessment form (also in Annexure 5):

As a Nazhoen Scout, my role and responsibilities are:

- 1.....
- 2.....

As a Nazhoen Scout, I will promise to:

- 1.....
- 2.....



- Adult Leader will explain the scout laws and its importance.
- The Nazhoens use the self-assessment form to reflect on whether their values align with the Scout laws.
- Let the Nazhoens make a commitment to uphold the law using the given form.
- Ask the Nazhoen how they can align their values to the Scout law.

Activity 2.

- Let the Nazhoen Scouts play Card Game to remember the Scout Laws.

Instructions:

- a) Write the 9 Scouts Law on separate sticky notes, and give a complete set of sticky notes to each Patrol.*
- b) Before the game starts, ask the one Nazhoen Scout from each patrol to pull out one law from each set and stick it on a chart comprising each law explanation in front of the Patrol.*
- c) The goal is for a Patrol to put the rest of their sticky notes on the table in the same order as the Scout Law.*
- d) When a player takes his/her turn, he/she may choose to put a new sticky note on the table or switch the order of the sticky note that are already there.*
- e) The first patrol to get all 9 laws in order wins.*

Evaluation:

- State Scout Laws.
- Explain the importance of Scout Laws.
- How can you as a Nazhoen Scout uphold the Scout Laws?

Facilitator's Note:

- Prepare the character profile and Scout Laws chart for the activity as per the sample provided.

Activity 5.2: Making Ethical Decision

Objective:

At the end of the session, the Nazhoen Scouts will be able to:

- Make ethical decision using SIMPLE test by upholding Scout laws; and
- Refrain from committing wrong doings and report wrongdoings honestly and promptly.

Time Requirement: 90 minutes

Scout Methods: Teamwork, Scout promise

Key Message:

A decision for ethical conduct lies with an individual.

Activity Procedure:

- Provide the case studies to each patrol and let the patrol come up with the decisions.

Case Scenario 1

You're buying groceries and the total is Nu. 15. You hand the cashier a Nu. 20 bill and she give you Nu.35 in change, having thought that you gave her Nu. 50. Do you tell her, or do you pocket the Nu.20?

Case Scenario 2

You are on a class trip to the National Museum with friends. During the process of moving around the gallery, you happen to touch a display and accidentally breaks it, but no one has seen it happen. What would you do?

Case Scenario 3

You are a Troop leader and the school has provided you with a sum of Nu. 10,000 for organizing an exchange program. After the program, you are left with a balance of Nu. 3000. What would you do?

Case Scenario 4

During your trip to a monastery, you come across an old lady who is barely able to walk carrying a stack of firewood. As you approach her to help, a young man in a car calls you to take his things to the Monastery and promises you to give Nu. 1000/- for doing so. What would you do and why?

Case Scenario 5

While walking home, you see Dorji your junior playing and torturing a small puppy. What would you do and why?

Case Scenario 6

Your classmate Dema got hurt while playing and your teacher had to take her to the hospital. Your teacher has informed you all to prepare for the upcoming test in her absence. However, your friend insists you to accompany him to visit the canteen. What would you do or how would you act without a teacher in the room?

Case Scenario 7

You pick up the waste or wrappers inside the school campus as it is your duty as a student of that school. What would you do if you see a waste when you are outside the school?

Case Scenario 8

Your teacher forgot the model answers for your math test on her desk where you could see them. What would you do and why?

Case Scenario 9

You have a project work due tomorrow. The project was given two weeks ago, and your teacher has been checking every other day to make sure that everyone is working on it. You've reported that you've chosen your topic and have begun to work on it, but you really haven't. This project will count toward most of your grade, and there's no way you can finish it in one night. What will you do?

Case Scenario 10

You borrowed a smart phone and headphones from a friend. While you were eating, you spilled juice all over the phone. While you were trying to clean up the mess, you sat on the headphones and broke them. Now, your friend wants everything back. What will you do?

- Let the patrol share the decision and let other patrols comment and provide suggestions/opinions.
- Adult Leader will share the SIMPLE Test and discuss it with the Nazhoens:

Ethical Decision-Making Checklist

The Nazhoens can use the checklist to help them make ethical decisions.

SIMPLE Test

Sunshine Test

- Can I discuss this openly without feeling ashamed?

Intuition Test

- Does this action go against Scout Law?
- Does this action go against my moral principle?

Moral Exemplar Test

- Would a person of high moral stature do this?

Publicity Test

- How would I feel if my action were announced in the morning assembly?
- Will I be ashamed to tell my parents, teachers and friends?
- Would my mother, father, and teacher be happy with my action?

Legal Test

- Is it legal?
- Will I be breaking Scout law?
- Will I be breaking school rules and regulations?
- Is it against the conduct of the Scout and student?

Evaluation:

- How would you use the scout principle and scout law in decision making?
- How would your life be different if you lived by following the Scout Laws?
- How would your decision impact yourself and others?

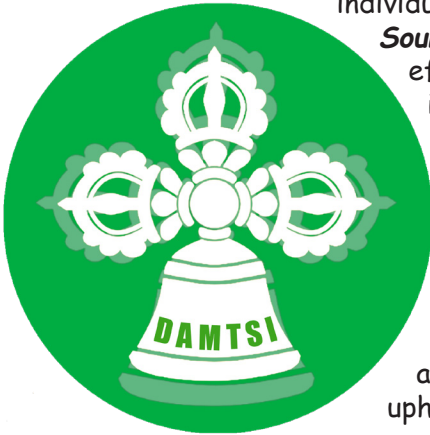
Facilitator's Note:

- Adult Leaders must teach the Nazhoens about topics such as accountability, transparency, and professionalism.

PROFICIENCY BADGE Integrity Badge

Drilbu (Bell) - Represents *Wisdom*

Wisdom: Knowing and identifying the values such as integrity, honesty, accountability, fairness, responsibilities, etc., their importance, and how these values will have a positive impact on individuals, society, and the nation.



Sound of bell: Creating positive effects on others by being an integrity champion/ exemplary role model.

Encircling aura (halo): Spreading those values such as integrity, honesty, accountability, fairness, and responsibilities beyond the confines of self, geography and time, and inspiring others to uphold those values.

Dorji (Vajra)- Represents *Method*

Method: Upholding, practicing and spreading those values. Exhibiting and standing up to these values as an Integrity Champion. The Dorji is a symbol of stability, indestructibility, incorruptibility, and purity of actions that have no external force and influence the integrity of the individual.

The three Dorji represents the sacred principles of Scouts, i.e., duty to Kencho-Sum, duty to Tsa-Wa-Sum, and duty to self, parents and others.

The white color represents purity and peace where the Scouts are the Messengers of Peace.

Requirements:

To earn the Integrity Badge, a Nazhoen Scout must fulfill the following requirements:

- Know about the fundamentals of Scouts and moral values such as integrity, fairness, due diligence, transparency, accountability, trustworthiness, law-abiding, etc.
- Uphold individual roles and responsibilities.
- Demonstrate positive conduct and behavior at all times.
- Follow the school's rules and regulations.
- Identify right from wrong and resolve ethical issues.
- Take care of class and school properties.
- Keep one's promises and commitments.
- Return lost-and-found items.
- Should have clean Student Service records in EMIS.
- Should have completed Toenpa level.
- Share a story on integrity/values in Messenger of Peace.

Process of Selection:

1. The Adult Leaders will nominate Scouts for the award upon the fulfillment of the requirements.
2. The Adult Leaders will submit the list of the nominees to the respective class teacher, subject teachers, housemaster, club coordinators, matron/warden, principals/management, supporting staff, and others (if any) for further assessment.
3. Based on the assessment results, a Scout will be awarded the Integrity Badge.

ROVER SCOUTING



Activities:

1. Path Finder: Design a project on integrity and reach out to the community.

2. Messenger of Peace Every Scout is a Messenger of Peace. Around the world, Scouts are engaged in local efforts to build a lasting culture of peace and dialogue. In the small

actions to large community service projects, young people are tackling local issues, responding to natural disasters, leading peace-building activities, standing up for gender equality, and more, Scouts should continue to reason morally at a conventional level, i.e., they resolve moral dilemmas in terms of the expectations of something other than themselves.

COMMUNITY BASED SCOUTING (CBS)



Activities:

1. Organize Educational and Awareness Campaigns¹² (on promoting values such as integrity, transparency and accountability).

2. Volunteer in the Community Welfare/Development Project.

3. Initiate Civic Education for rural youth.

¹² One such activity is commemorating the International Anti-Corruption Day on 9th December annually.

4. Organize Youth Engagement Programs in the Community.
5. Create change in the community: CBS can create powerful changes by identifying, monitoring, and fixing problems relating to your community. CBS can hold authorities accountable, demand integrity, and insist on their rights to public services to create change.
6. Leadership: abiding by the Code of Conduct, and encouraging others to do the same.

ANNEXURE 1

MORAL VIRTUE

Right Speech



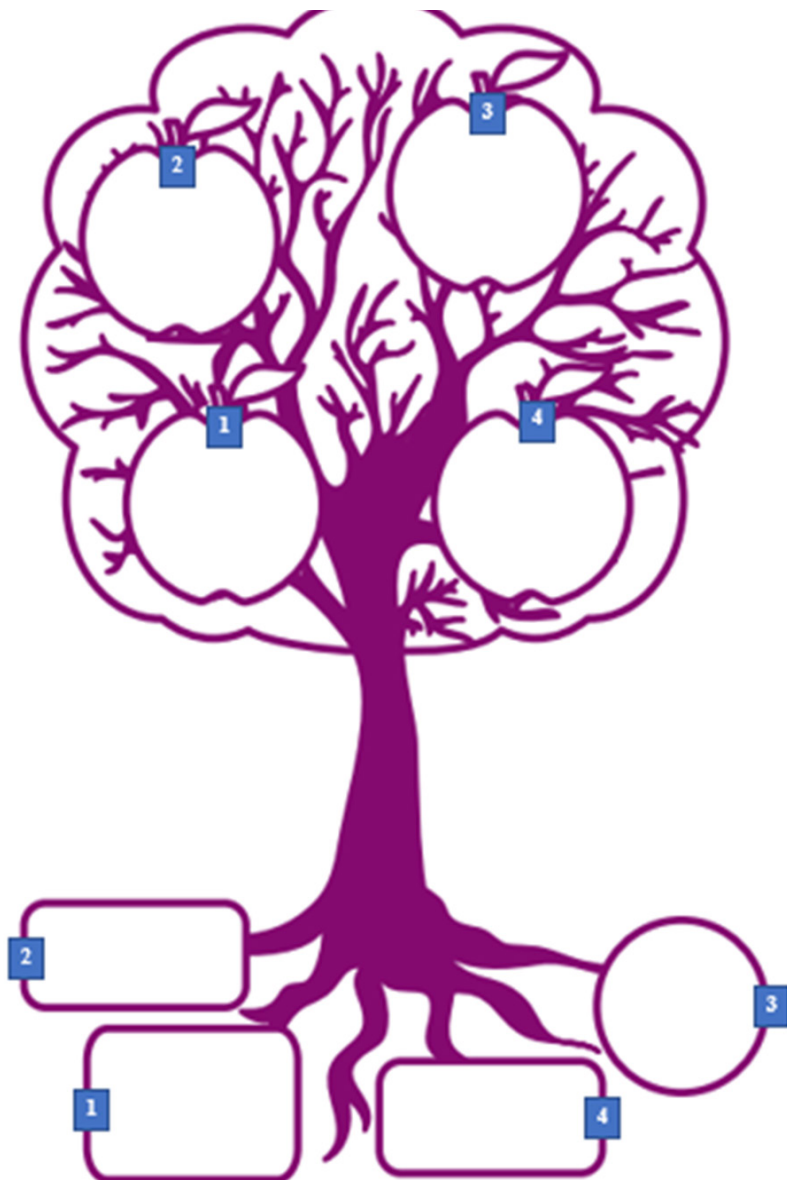
Right Action



Right Thought



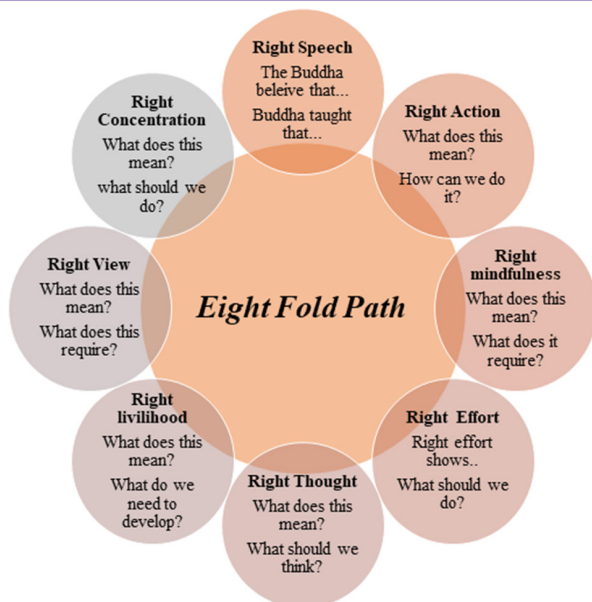
ANNEXURE 2



ANNEXURE 3



ANNEXURE 4: MY EIGHTFOLD PATH



ANNEXURE 5

As a Nazhoen Scout, my role and responsibilities are:

1.....

2.....

As a Nazhoen Scout, I will promise to:

1.....

2.....

